

NEPAL SHAMANISM EXCURSION
WITH SUSAN FEINBLOOM AND LARRY PETERS
FEBRUARY 5-20, 2011

TENTATIVE SCHEDULE

2/5/11 Depart LAX

2/7/11 Arrive Kathmandu

2/7/11 Travel from Kathmandu to Pokhara via air

2/7-14 Work with the Tibetan shamans (*pau*) at the Tashi Palkhiel Refugee camp. Observe and interact on key rituals of healing: extraction, soul reempowerment, fire ceremonies and more. Evening group rituals with the shamans. Individual (optional) healings.

Visit the camp monastery. Chant and meditate early morning and late afternoons (optional). Have an audience with the Rinpoche.

Teachings on

- The interrelationship of Buddhism and shamanic practice.
- Shamanic experiential work on divination with the mala
- How to make a shaman's altar
- Amulet making
- Drum making (if there is enough group interest)

and enjoy the wonders of Pokhara at the base of the Annapurna Range of the Himalayan Mountains, including the opportunity to:

- View sunrise at Sarankot
- Visit the Peace pagoda
- Horseback riding in the mountains
- Paragliding
- White water rafting
- Easy over-night treks with ritual

We will set aside one or two days to do these optional activities

2/15 Travel from Pokhara to Kathmandu (possibly by bus to visit another sacred site)

2/16-19 Witness healings and rituals by famed Tamang shaman, Aama Bombo
Visit Dakshinkali, Boudhanath, Pasupathi (Nepal's most famous holy places)

2/20 Depart Kathmandu and arrive LAX (same date)